ABSTRACT OF THE DISCLOSURE

This invention relates to stable crystalline salts of 5-methyl-(6R,S)-, -(6S)- and -(6R)-tetrahydrofolic acid having a water of crystallization of at least one equivalent per equivalent of 5-methyltetrahydrofolic acid, to methods of producing these salts and to the use thereof use as a constituent for the production of drugs or as a food additive, and to preparations containing these salts.

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